The Michigan Adoption Resource Exchange is a program of Judson Center and is funded by the Michigan Department of Health and Human Services.

To learn about foster care adoption and view photolistings and videos of waiting children, visit our website at www.mare.org.

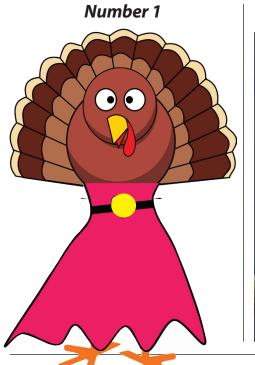


### YOUTH NEWSLETTER **October 2017**

Page 1 - Turkey time brainteaser Page 2 - Early success for YAB Page 3 - Puzzle and coloring Page 4 - Understanding your workers

## Things associated with Thanksgiving

With Thanksgiving and the dinners associated with it coming up, we thought it would be a good time for some exercise ... for your brain. Dig into these mind-benders then feast your eyes on page 3 for puzzle hints, answers and seconds, er, another Thanksgiving word puzzle and a coloring activity.



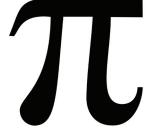


Number 3



Number 4





Number 5



Number 6





## Youth Advisory Board scores big goals

### You can join the effort to improve the lives of youth in care

STORY BY JENNIFER BROOKS, MARE YOUTH SPECIALIST

The MARE Youth Advisory Board (YAB) is taking shape and getting things done. With help from staff and youth at St. Vincent's Catholic Charities in Lansing, Bethany Christian Services in Kalamazoo and Whaley Children's Home in Flint, the new YAB has had three meetings and has made some suggestions to improve the lives of youth living in foster care. The board's contributions include:

- Improvements to Duffle Bags of Love, which are given to youth entering foster care. YAB's suggestions include socks, a fidget spinner, towel, coloring book, puzzle book and a book to read.
- Suggestions for MARE's worker training forums. Youth want workers to get to know what youth on their caseload like, they want more one-on-one time with workers doing fun things together and they want to know worker expectations. In addition, they want workers to advocate for them such as, helping youth get involved with team sports and get enrolled in driver's education. They also want workers to provide resources for them when needed and bring treats.
- Tips from rock star youth in residential for youth entering residential. Youth on the board would suggest that incoming youth listen to residential staff and be open minded, respectful and focused. They also suggest incoming youth find someone they like talking to and continue doing the things they enjoy such as reading, drawing and listening to music.

In addition to discussing these topics, youth participating in the YAB meetings have been able to enjoy a fun lunch and receive prizes for participation.

So take a careful look at YAB's mission statement and rules for participation, and if you'd like to join the meetings, let your team know and have them contact Jennifer Brooks, MARE youth specialist, 734-528-2061 or email jennifer\_brooks@judsoncenter.org.



Photo by Jennifer Brooks

Some of the youth who participated in a recent Youth Advisory Board meeting include Ni'Shawn (C07906), Sally (C08409), Nikkoley (C09292), Jason (C08167) and Le-Azhanique (C08821).

### **Facts About Youth Advisory Board**

**Participants:** Anyone who is or has been in foster care.

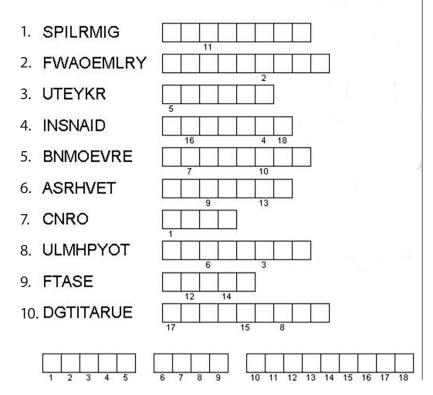
Meetings: Held quarterly at locations throughout Michigan.

**How to attend:** If you are in the foster care system, contact your worker. If you are a former foster care youth, contact Jennifer Brooks at 734-528-2061 or Jennifer\_brooks@judsoncenter.org.

### **Mission Statement**

Providing a safe space for youth with experience in foster care to connect, receive resources and learn to take an active role in their permanency goal while helping to shape the adoption and recruitment process for all of Michigan's waiting youth.

# Thanksgiving double word scramble



### **Page One Puzzle Hints**

1. A food mixture.

2. Motor City kitties.

3. A very old ship.

4. Dessert.

5. Where pilgrims landed.

6. A side dish.

### Page One Puzzle Answers

4. Pumpkin pie. 5. Plymouth rock. 6. Green beans. J. Turkey dressing. 2. Detroit Lions. 3. The Mayflower.

### **Word Scramble Hints**

1. Early settlers.

2. See number 3 in Puzzle Hints.

3. The main dinner attraction.

4. Native Americans.

5. Month.

6. Taking of crops.

7. Yellow vegetable.

8. See number 5 in Puzzle Hints.

9. Big eats.

10. Appreciation (First letter is "G.")

### **Word Scramble Answers**

Count Your Blessings

Bottom:

7. Corn.
8. Plymouth.
9. Feast.
10. Gratitude

A. Mayflower.3. Turkey.4. Indians.5. Movember.6. Harvest.

1. Pilgrims.

Dazzle us with your coloring skills

Color these drawings or create your own then send your work to us for publication in a future edition of

the Youth Newsletter. Mail your submissions to Jennifer Brooks, 3840 Packard Road, Suite 170 Ann Arbor, MI, 48108. Or you can email your work to: jennifer brooks@judsoncenter.org





## Confused about your various workers?

### Here's who they are and what they can do to help you

Youth in foster care often have a number of professionals who look after different aspects of a youth's life.

Here's a look at the differences between the workers, what each worker does and who youth in care should call for different reasons.

Foster care case managers (a.k.a. foster care workers) look after youth in the foster placement and make sure the family or caregivers provides them with everything they need – food, shelter, clothing, nurturing, help with homework, etc. Your foster care worker wants to make sure that you are safe, happy and doing well. If you ever have problems in your foster placement or questions about foster care this is the worker you would call.

activities such as

on mare.org and

Greets and other

for the youth. Youth

should contact their

they have adoption

discuss their feelings

questions or to

about adoption.

A guardian ad litem (GAL) is a court-appointed lawyer who looks after the well-being of the youth and reports their recommendations to the court. GALs often work closely with agencies, youth and workers to determine the best options for youth. You should call your GAL if you have legal questions. If you are nervous calling them, you can also talk to your foster care and/or adoption specialist and they can relay the messages to your GAL.

**Court appointed special advocates (CASA)** are volunteers appointed by judges to monitor a youth's case and advocate for the youth's needs. They stay with each case until it is closed and the youth is placed in a safe, permanent home.

specialist.

Adoption Resource Consultants (ARCs) and Wendy's Wonderful Kids (WWK) recruiters are **Adoption specialists** focus on like adoption specialists who help connect finding a family to adopt a youth waiting youth with family members from their after his or her parents' rights past or even some family members they may have been terminated. Sometimes, have not known or met. Recruiters also help the foster family or relatives are assess and engage new recruited families who able to adopt a youth placed in may not have been studied for adoption yet their home and the adoption and who are interested in specific youth in worker will help the family fill need of an adoptive family. out forms and assess them Photolisted youth on MARE who have been for adoption. Other times, the available for adoption for more than a foster family cannot adopt a year get to work with an Adoption vouth in their home and the Resource Consultant (ARC). Wendy's adoption worker needs to Wonderful Kids (WWK) recruiters find other families who are part of the Dave Thomas want to adopt the youth. Foundation. Did you know The adoption specialist that Dave Thomas, the will start recruitment founder of Wendy's Restaurants was adopted? photolisting the youth The Dave Thomas Foundation works to help AdoptUSKids, they will go recruit families to adopt with the youth to Meet & youth and educate families about how to start the recruitment events and anything adoption process. Not else they can do to find a family every youth in care will have a WWK recruiter or an ARC worker, but adoption specialist if if you want to know more about recruiters. ask your adoption